

# MENTAL HEALTH

## EMERGENCY SITUATIONS

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If you fear for the safety of a patron or others and suspect a presence of mental illness, contact:

### **MCOT, 24/7**

Crisis Outreach Team  
801-587-3000

## NON-EMERGENCY SITUATIONS

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### **Valley Mental Health Store Front**

outpatient treatment for mental health services  
801-537-7537  
550 West 700 South

### **The Warm Line** (a recovery support line)

801-587-1055  
Open daily • 3pm–11pm

### **www.211ut.org**

an online searchable database of local resources,  
sponsored by United Way, Volunteers Of America,  
Library Outreach  
Mon–Fri • 8am–5pm

### **National Alliance on Mental Illness**

Free resource for those who live with mental illness  
and their families  
1600 West 2200 South, West Valley City, UT 84119  
(801) 323-9900 or (877) 230-6264  
ask to talk to a mentor for support  
www.namiut.org  
find local resources, free classes & support groups



The City Library  
THE SALT LAKE CITY PUBLIC LIBRARY SYSTEM

Main Library  
210 East 400 South  
801-524-8200 • slcpl.org



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